Excellence in Cellular Therapies and Multiple Myeloma Research









We acknowledge the traditional land owners upon which

St Vincent's Hospital Sydney is located -

The Gadigal People of the Eora Nation.

We pay our respects to Elders past, present and future.

ST VINCENT'S CELLULAR THERAPIES STRUCTURE AS AT AUGUST 2021



ST VINCENT'S HOSPITAL

ST VINCENT'S CURRAN FOUNDATION





Multiple Myeloma and its place in the new Cellular Therapies Unit at St Vincent's Hospital

Dr John Moore Haematology Department St Vincent's Hospital Sydney

Multiple Myeloma





- Plasma cell malignancy
- Median age 60-70, M > F
- 45% increase since 1940
- No.11 on cancer incidence in NSW







Myeloma Symptoms





- Bone pain
- Fracture
- Confusion
- Dehydration
- Fevers/Night sweats
- Lethargy

Multiple Myeloma Signs





- Anaemia
- Bone pain
- Fractures, bone masses
- Cord Compression



Myeloma - Diagnosis

Need to distinguish:

MM, Smoldering MM, MGUS

Laboratory:

- FBC, Biochemistry
- Serum Ig, EPG/IFXN
- Serum free light chains
- Urine EPG/IFXN
- B₂M, LDH
- Bone Marrow 30% plasma cells
- Skeletal Survey +/- MRI +/- PET













Blood 2005;105:2629

Pathological Fractures and Lytic Lesions







Characteristics of Active Multiple Myeloma and its Precursors



Kyle R et al. N Engl J Med 2007;356:2582-2590







Updated IMWG Criteria for Diagnosis of Multiple Myeloma

MGUS

- M protein < 3 g/dL</p>
- Clonal plasma cells in BM < 10%
- No myeloma-defining events

Smoldering

- M protein \ge 3 g/dL (serum) or \ge 500 mg/24 hrs (urine)
- Clonal plasma cells in BM $\geq 10\%$ to 60%
- No myeloma-defining events

Multiple Mveloma

- Underlying plasma cell proliferative disorder
- AND 1 or more myelomadefining events
- $\geq 1 \text{ CRAB}^*$ feature
- Clonal plasma cells in BM $\geq 60\%$
- Serum free light-chain ratio ≥ 100
- > 1 MRI focal lesion
- *C: Calcium elevation (> 11 mg/dL or > 1 mg/dL higher than ULN)
 - R: Renal insufficiency (CrCl < 40 mL/min or serum creatinine > 2 mg/dL)
 - A: Anemia (Hb < 10 g/dL or 2 g/dL < normal)
 - **B**: Bone disease (\geq 1 lytic lesions on skeletal radiography, CT, or PET/CT)

Rajkumar SV, et al. Lancet Oncol. 2014;15:e538-e548.





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Progression to Symptomatic MM



Kyle RA, et al. N Engl J Med. 2007;356:2582-2590.

Myeloma Supportive Care





- Bone protection zometa, prolia
- Infection prophylaxis Bactrim, Valtrex
- IVIG if appropriate
- Watch renal function/Ca
- Analgesia/XRT as required



Myeloma - Rx





Transplant eligible

- CyBordD x4
- If response HSCT
- If NR other agents
- Consider maintenance

Transplant ineligible

- Lenalidomide
- CyBorD
- Carfilzomib
- Pomalidomide

Lenalidomide





- Structurally similar to thalidomide without somnolence
- Similar strict PBS pharmacovigilance (separate section within PBS -\$60,000/year)
- Very potent anti-MM therapy. Combined with weekly dexamethasone 40mg
- Similar action to thalidomide
- Normal dose: 10-25mg orally D1-D21
- Main S/E: myelosuppression, cramps

Bortezomib





- Proteosome inhibitor
- Inhibits paraprotein packaging in proteosome.
- Very potent, combined with Dex and lenalidomide.
- s/c dose 1.3mg/m² D1,4,8,11 or weekly
- Main S/E: Severe painful peripheral neuropathy, mild myelosuppression.

Achieving ≥ or VGPR or CR Should Be the Goal of Therapy



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1. Harousseau JL, et al. J Clin Oncol. 2009;27:5720-5726. 2. Kapoor P, et al. J Clin Oncol. 2013;31:4529-4535.





Autologous Stem Cell Transplantation





Indications for autologous transplant







Autologous Stem Cell Transplantation







Attal M, et al. N Engl J Med. 1996;335:91-97. 2. Child JA, et al. N Engl J Med. 2003;348:1875-1883. Copyright © 1996, 2003 Massachusetts Medical Society. All rights reserved





What's New







Daratumumab plus Bortezomib, Melphalan, and Prednisone for Untreated Myeloma

N Engl J Med 2018;378:518-28.



ORIGINAL ARTICLE





Anti-BCMA CAR T-Cell Therapy bb2121 in Relapsed or Refractory Multiple Myeloma





Conclusions





- Many new developments in Myeloma
- MM better controlled and better overall survival than 10 years ago
- New immunotherapies are likely the key to continued improvements in survival in MM
- Exciting times ahead for St Vincents Hospital with the establishment of the Zamasa Foundation Fellow, DFI/SVH collaboration and the Cellular Therapies Unit.

Acknowledgements

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- St Vincent's Hospital, Sydney
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- The Zamasa Foundation
- The Delta Goodrem Foundation
- The Medich and Chong Families
- MS Research Australia
- The Bourne Foundation
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ZAMASA FOUNDATION AND MYELOMA RESEARCH: ST VINCENT'S HOSPITAL

Georgia McCaughan ZAMASA Foundation Myeloma Fellow St Vincent's Hospital, Sydney







- Establishment of the fellowship and research highlights
- Formation of local and international collaborations
- Highlights of current and future directions of immunotherapy in multiple myeloma



Fellowship Highlights





- First dedicated Myeloma Fellowship in New South Wales
- Established a dedicated myeloma clinic at St Vincent's Hospital
- Engagement with the Australian myeloma community
 - New South Wales Harmonisation Projects
 - Australasian Leukaemia and Lymphoma Group (ALLG)
 - Australian Myeloma Research Consortium (AMaRC)
- Research highlights

Trends and Outcomes in Australia and New Zealand for Older Patients with Multiple Myeloma undergoing Autologous Stem Cell Transplantation: An Australasian Bone Marrow Transplant Recipient Registry Study



Georgia J McCaughan, Steven Tran, Simon Durrant, Simon J Harrison, James Morton, Noemi Horvath, Andrew Spencer, Ian H. Kerridge, Jeremy An Ke Er, Luani Barge, Adam Bryant, Robin J Filshie, Emily Choong, Hock Choong Lai, Campbell Tiley, Anthony K Mills, Andrew Butler, John Moore, Mark Hertzberg, Glen A Kennedy, P. Joy Ho, M Hasib Sidiqi, John Bashford, David Routledge, Kerry Taylor, Cindy H. Lee, Anna Kalff, Wei Xia, and Nada Hamad



Leukaemia Foundation



Proportion of Patients Undergoing Autologous Stem Cell Transplantation for Multiple Myeloma is Increasing







Two fold increase in patients ≥ 70
undergoing autologous stem cell transplantation for MM



Similar Outcomes Regardless of Age







Progression Free Survival by Age Group

BMTRR

ABMTRR 2020

St Vincent's/Garvan Collaboration







Garvan Institute of Medical Research

ZAMASA

St Vincent's/Dana Faber Collaboration









Immunotherapy in Myeloma – Current and Future



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Acknowledgment: Dr Urvi Shah @UrviShahMD

CARTITUDE-1: Response Rates







	N	Frequency in evaluable patients n=57°	Frequency in all treated n=97 ^d
Overall MRD-	53	93.0%	54.6%
MRD- and sCR	33	57.9%	34.0%
MRD- and ≥VGPR	49	86.0%	50.5%

- Median time to first response: 1 month (0.9–8.5)
- Responses ongoing in 70 (72.2%) patients
- Of evaluable patients, 93.0% achieved MRD 10⁻⁵ negativity
 - Median time to MRD 10⁻⁵ negativity: 1 month (0.8–7.7)
- Among patients with 6 months individual follow-up, most had cilta-cel CAR+ T cells below the level of quantification (2 cells/µL) in peripheral blood

CAR, chimeric antigen receptor; CR, complete response; MRD, minimal residual disease; ORR, overall response rate; PR, partial response; sCR, stringent complete response; VGPR, very good partial response. *PR or better, Independent Review Committee assessed. *No patient had CR or stable disease as best response. *MRD was assessed in evaluable samples at 10-⁵ threshold by next-generation sequencing (clonoSEQ, Adaptive Biotechnologies) in all treated patients at Day 28, and at 6, 12, 18, and 24 months regardless of the status of disease measured in blood or urine; patients were not evaluable primarily due to lack of an

Madduri et al. CARTITUDE-1: Phase 1b/2 Study of Ciltacabtagene Autoleucel, a B-Cell Maturation Antigen-Directed Chimeric Antigen Receptor T Cell Therapy, in Relapsed/Refractory Multiple Myeloma. *Blood* 2020; 136 (Supplement 1): 22–25. doi: <u>https://doi.org/10.1182/blood-2020-136307</u>

Immunotherapy in Myeloma – Current and Future



ST VINCENT'S CURRAN FOUNDATION

Acknowledgment: Dr Urvi Shah @UrviShahMD





We would like to thank our presenters

Mr Barry Du Bois Network Ten Living Room Presenter

A/Prof John Moore Chong Family Director of Cellular Therapy, St Vincent's Hospital Sydney

> Dr Georgia McCaughan ZAMASA Myeloma Fellow - St Vincent's Hospital Sydney

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Shanthini Naidoo

CEO, St Vincent's Curran Foundation

and

Greg Arandt

Chairman of Zamasa Foundation



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Thank you for joining

To find out how you can support this life changing research at St Vincent's Hospital

https://www.supportstvincents.com.au/ways-to-give/donate/



